Research Studies

HIV Linkage to Care

The HIV Linkage to Care Study was conducted in partnership with community-based organizations, Indiana University School of Public Health – Bloomington, clinics and government agencies. The study provided information on the barriers to linkage and retention in HIV care; defined the challenges and opportunities for HIV linkage to care in Indiana; and offered recommendations to build capacity and enhance the HIV care system in Indiana.

Infant Mortality Project

The Infant Mortality Project consisted of convening and collaborating with community, government and academic partners to identify the root causes of poor birth outcomes among black infants in Indiana, and to develop a strategic plan to address these causes. Focus areas included: unplanned pregnancies; early entry into prenatal care; substance abuse during pregnancy; breastfeeding; and safe sleeping habits.

Native American Screening Study

The Native American Screening Study was an assessment with Native American adults in Indiana to identify attitudes, beliefs, understanding, and acceptance of vaccinations, access to care, and testing for the flu, Hepatitis, and sexually transmitted diseases. The findings indicated that Native American sponsored events are an acceptable venue for communicable disease prevention and education services.

Public Health Advocacy Pilot

The Public Health Advocacy Pilot consisted of an assessment of the advocacy capacity of participating community organizations and the engagement of public policy specialists to deliver training on grassroots advocacy of public health issues. The pilot was evaluated for effectiveness and the results indicated an increase in advocacy capacity, legislative contacts, and knowledge of advocacy topics.

Dental Health Assessment

The Dental Health Assessment was conducted in partnership with community and academic researchers. The exploratory assessment of dental health among racial and ethnic minority populations in Indiana revealed the need for improved dental health prevention practices, increased access and utilization of dental health care, and enhanced education and promotion in racial and ethnic minority communities.

HIV Study: Broadening Sexual Health Services in Indiana Community Health Centers Ideas for System Innovation for HIV and STD Services

This HIV Study was conducted in partnership with community and Indiana University School of Public Health – Bloomington. IMHC, academic researchers and the Indiana Community Health Centers (CHC) partnered to help strengthen sexual health services. The partnership identified learning goals and steps to develop practice change. Goals included identifying and understanding what works; recognize the area of greatest need, identify early adopters, challenges and opinions; engage interested CHCs and design the practice change adoption intervention.

Kidney Health Education Intervention

The Kidney Health Education Intervention was conducted in partnership with IMHC, community partners, and the Indiana University Fairbanks School of Public Health. The study adapted a health education curriculum with information on kidney health, risk factors and screening. The curriculum was pilot tested in the community to assess the effectiveness of the materials.

Native American Vaccination and Testing Assessment Study

The Native American Vaccination and Testing Study was conducted in partnership with community and academic researchers at Ball State University. The study assessed attitudes, beliefs, and behaviors related to vaccination for the seasonal flu and hepatitis B, and testing practices for hepatitis B and C among Native American populations living in Indiana. The findings indicated that Native American adults in Indiana view community as a part of health; there are perceptions of trust versus mistrust in healthcare; and there are knowledge deficits regarding Hepatitis B and Hepatitis C.

Patient-Provider Relationship Assessment

The Patient-Provider Relationship Assessment was conducted in collaboration with community and academic partners. The findings indicated that the Lesbian, Gay, Bisexual, Transgender population in Indiana have a fear of disclosure and potential stigmatization concerns. There is a need for provider education, protection of sexual orientation and gender identification information in medical records, and enhanced HIV testing in community clinics.

Food Equity Project

The Food Equity Project was conducted in partnership with community and academic researchers. IMHC engaged community based organizations to conduct the study in selected Indiana counties. The results provided information about access, availability and affordability of food; use of local food systems; issues obtaining food; and recommendations for policy and programs to promote food equity.

Hepatitis C Study

The Hepatitis C Study was conducted in partnership with community and academic researchers. IMHC engaged community based organizations to conduct the study in selected Indiana counties. The study provided information about the level of awareness of hepatitis C, risk factors and screening in racial and ethnic minority communities; gaps in access and use of hepatitis C screening and treatment; and the need to promote support for hepatitis C screening, treatment, and prevention.

HIV, STD and Hepatitis C Services in Indiana Community Health Centers

The HIV, STD and Hepatitis C Services in Indiana Community Health Center (CHC) study was conducted in partnership with community and Indiana University School of Public Health – Bloomington. The explored the Community Health Clinics' readiness for an expanded role in health services to serve minority communities. The study indicated that CHCs were not providing HIV and Hepatitis C screening at standard of care. There are educational opportunities to improve the awareness and readiness to offer screening and management of HIV, STDs and Hepatitis C.

Kidney Disease Study
The Kidney Disease Study was conducted in partnership with community and academic researchers. IMHC engaged community based organizations to conduct the study in selected Indiana counties. The study provided information about the awareness and beliefs about kidney disease among racial and ethnic minorities; the need for increased screening for people with risk factors; and the need for culturally appropriate kidney disease education materials and programs.

State Master Research Plan Funded Studies

The Racial and Ethnic Minority Epidemiology Center administers the State Master Research Plan (SMRP) that funds community and academic partnerships to conduct health disparities research in Indiana. Each year, the SMRP funds at least three health disparities research studies conducted by community and academic partners through a request for proposal process. The research priority areas include access to care, chronic disease, mental health and infant mortality.

The Bethlehem House and Indiana University School of Public Health-Bloomington community-academic partnership conducted the research study entitled the *Pharmacy HIV Test Voucher System with Community-Based Distribution*. The study provided information on the effectiveness and acceptability of vouchers for HIV home testing kits.

The Latino Health Organization and Indiana University Richard M. Fairbanks School of Public Health community-academic partnership conducted the research study entitled *METAFORS: Mothers' Education and Training Assistance for Optimizing Resiliency and Self-Efficacy*. The study provided information about benefits gained by the women participating in the resilience training program with improved access to information, social support, and coping skills.

The St. Joseph County Minority Health Coalition and University of Notre Dame community-academic partnership conducted the research study entitled *Transitions to Minority Fatherhood: How Mothers' and Fathers' Own Childhood Experiences relate to Father Involvement, Parenting, Stress and Infant Health*. The study provided information on parental stress levels, parents' involvement with children, and parental stress by length of hospital stay.

Esperanza Ministries and Indiana University Richard M. Fairbanks School of Public Health community-academic partnership conducted the research study entitled *The Roots Project: Exploring Pathways to Improve Mental Health and Supportive Family Relations in Hispanic Immigrants*. The study provided information on self-mastery and resilience among Hispanic/Latino males, and the relationship of immigration trauma with depression, alcohol abuse, and domestic violence.

The St. Joseph County Minority Health Coalition and University of Notre Dame community-academic partnership conducted the research study entitled *Neighborhood Health Teams: community participatory research to address access to health care*. The study provided information on the effectiveness of engaging community leaders/gatekeepers and utilizing Smartphone technology in the collection of current community health issues and concerns.

AF-AM Consulting and Indiana University School of Public Health – Bloomington community-academic partnership conducted the research study entitled *Intrapersonal and organizational factor influencing availability and access to mental health services among racial and ethnic minorities who have a chronic condition*. The study provided information on the likelihood of depression screening among adults reporting depressive symptoms, and prioritization of care given by the providers.

The Latino Health Organization and Indiana University Richard M. Fairbanks School of Public Health community-academic partnership conducted the research study entitled *Your life Your Story: Latino Youth Summit*. The study provided information about an increase in resilience and decrease in depressive symptoms after participation in a resilience building youth program.

The American Indian Center of Indiana and the Indiana University School of Nursing community-academic partnership conducted the research study entitled *Access to Healthcare and Type 2 Diabetic Self-Management Practices of American Indians and their Family Caregivers living in Indiana*. The study provided information on barriers to accessing healthcare services; challenges in self-managing diabetes; and caregiver concerns.

The Latino Health Organization and the Indiana University Richard M. Fairbanks School Public Health community-academic partnership conducted the research study entitled *Acculturative Stress in Hispanic Adolescents: Relations to Mental Health*. The study provided information on depression reported by the Latino adolescents in the study; association of acculturative stress and depression; and the need for culturally-sensitive interventions to address this problem.

The Marion County Public Health Department and Indiana University Richard M. Fairbanks School Public Health partnership conducted the research study entitled *The Use of Health Impact Assessment in the Development of a Full Service Grocery Store within a Food Desert*. The study provided information on potential intended and unintended health-related consequences of the development of a full service grocery store within a federally designated food desert in Indianapolis, Indiana.

Dissemination

Journal Publications

Meyerson BE, et al. *American Journal of Public Health*. Do Midwestern Community Health Centers Offer Routine HIV Testing? Experience from Indiana (in press).

Parker LJ, et al. *American Journal of Men's Health*. Discrimination in Healthcare: Correlates of Health Care Discrimination among Black Males 2015; 1557988315585164.

Maupomé G, et al. *Ethnicity & Disease*. Adaptation of the Psychological-Behavioral Acculturation Scale to a community of urban-based Mexican Americans in the United States 2015; 25(4):469-478.

Meyerson BE, et al. *AIDS Patient Care STDS*. Institutional and Structural Barriers to HIV Testing: Elements for a Theoretical Framework 2014; 28(1):22-27.

Navale SM, et al. *Sexually Transmitted Diseases*. Are community health centers offering standard of care STD services? 2014; 41(11):684-689.

Meyerson BE, et al. *AIDS Patient Care & STDs*. Institutional and structural barriers to HIV testing: Elements for a theoretical framework. 2014; 28(1): 22-27. doi:10.1089/apc.2013.0238

Podium Presentations

Access to communicable disease prevention care for a vulnerable Native American population: Indiana's Pow Wow Opportunities for Non-reservation based services, American Public Health Association 2015 Annual Conference in Chicago, Illinois.

Extending HIV Testing Access through Vouchers for Home Testing, 2015 National HIV Prevention Conference, Atlanta, Georgia.

Partnerships to Promote the Reduction of Risk Factors for Poor Birth Outcomes among Black Infants in Indiana, 2015 Labor of Love Infant Mortality Summit, Indianapolis, Indiana.

Pharmacy HIV Test Voucher System with Community-Based Distribution, 2015 IMHC State Master Research Plan Stakeholders Meeting, Indianapolis, Indiana.

METAFORS: Mothers' Education and Training Assistance for Optimizing Resiliency and Self-Efficacy, 2015 IMHC State Master Research Plan Stakeholders Meeting, Indianapolis, Indiana.

Transitions to Minority Fatherhood: How Mothers' and Fathers' Own Childhood Experiences relate to Father Involvement, Parenting, Stress and Infant Health, 2015 IMHC State Master Research Plan Stakeholders Meeting, Indianapolis, Indiana.

Institutional and Structural Barriers to HIV Testing: Elements for a Theoretical Framework, 2014 American Public Health Association Annual Conference in New Orleans, Louisiana.

The Roots Project: Exploring Pathways to Improve Mental Health and Supportive Family Relations in Hispanic Immigrants, 2014 IMHC Health Disparities Research Summit, Indianapolis, Indiana.

Neighborhood Health Teams: community participatory research to address access to health care, 2014 IMHC Health Disparities Research Summit, Indianapolis, Indiana.

Intrapersonal and organizational factor influencing availability and access to mental health services among racial and ethnic minorities who have a chronic condition, 2014 IMHC Health Disparities Research Summit, Indianapolis, Indiana.

Understanding STD Screening and Management in Indiana, 2014 American Public Health Association Annual Conference in New Orleans, Louisiana.

Public Health Partnerships in the Latino Community, 2013 Bi-National Health Week Event, Indianapolis, Indiana.

Food Equity Study, 2013 State Master Research Plan Health Disparities Summit, Indianapolis, Indiana.

Hepatitis C Study, 2013 State Master Research Plan Health Disparities Summit, Indianapolis, Indiana.

HIV, STD and Hepatitis C Services in Indiana Community Health Centers, 2013 State Master Research Plan Health Disparities Summit, Indianapolis, Indiana.

Kidney Disease Study, 2013 State Master Research Plan Health Disparities Summit, Indianapolis, Indiana.

Access to Healthcare and Type 2 Diabetic Self-Management Practices of American Indians and their Family Caregivers living in Indiana, 2013 IMHC State Master Research Plan Health Disparities Summit, Indianapolis, Indiana.

Acculturative Stress in Hispanic Adolescents: Relations to Mental Health, 2013 IMHC State Master Research Plan Health Disparities Summit, Indianapolis, Indiana.

The Use of Health Impact Assessment in the Development of a Full Service Grocery Store within a Food Desert, 2013 IMHC State Master Research Plan Health Disparities Summit, Indianapolis, Indiana.

Poster Presentations

Knowledge, Attitudes, Behaviors, and Beliefs about Chronic Kidney Disease in Indiana Minority Communities poster was presented at the 2015 C2U Expo - international conference, a community-campus partnerships event, Ottawa, Canada.

Roots Project: Exploring Pathways to Improve Mental Health and Supportive Family Relations in Hispanic Immigrants, 2015 American Public Health Association Annual Conference, Chicago, Illinois.

Sociological Factors Influencing Utilization of Mental Health Services among Racial and Ethnic Minorities with Chronic Conditions, 2015 American Public Health Association Annual Conference, Chicago, Illinois.

Traditional health practices among Indiana's racial and ethnic minorities, 2015 American Public Health Association Annual Conference, Chicago, Illinois.

Creating and Using a Scale to Measure Minority Communities' Knowledge of Chronic Kidney Disease, 2014 Academy Health Research Conference, San Diego, California.

Understanding STD Screening and Management in Indiana Community Health Center, 2014 American Public Health Association Annual Conference, New Orleans, Louisiana.

The ABC's of Hepatitis C: Exploratory Study of Perceptions from Public Health, Community and Medical Professionals, 2013 Xavier University Sixth Health Disparities Conference, New Orleans, Louisiana

A Socioecological Exploration of Factors Influencing Utilization of Hepatitis C Screening and Treatment Services among Vulnerable Populations, 2013 American Public Health Association Annual Conference, Boston, Massachusetts.

Concepts of Health in Older Urban African American Women with Chronic Health Conditions, 2012 Science of Eliminating Health Disparities Summit, National Harbor, Maryland.

American Indian Health Needs Assessment in Indiana, 2012 What You Don't Know Can Kill Conference, Indianapolis, Indiana.

Black Men's Health Study, 2012 What You Don't Know Can Kill Conference, Indianapolis, Indiana.

Burmese Health Needs Assessment and Mental Health Gaps Analysis, 2012 What You Don't Know Can Kill Conference, Indianapolis, Indiana.

Standardization of Race, Ethnicity, and Language Information Collection: A Tool for Identifying Healthcare Disparities, 2012 What You Don't Know Can Kill Conference, Indianapolis, Indiana.

Text4Baby Campaign, 2012 What You Don't Know Can Kill Conference, Indianapolis, Indiana.

Preparing Indiana to Get REAL: Development of an Online Training Series that Fosters Standardized Collection of Race, Ethnicity and Language (REAL) Information in Health Care Facilities to Identify and Address Disparities in Care, 2012 First Annual Public Health Research and Service Symposium, Indianapolis, Indiana.

Video Presentation
Your Life Your Story, Latino Youth Summit, 2015 American Public Health Association Annual Conference, Chicago, Illinois

Webinar Presentation
Public Health Advocacy Pilot, 2015 IMHC Webinar

Native American Vaccination and Testing Study, 2015 IMHC Webinar

Kidney Disease Study, 2013 Butler University-IMHC Webinar

HEALTH LINKS

PUBLIC HEALTH
Indiana State Department of Health provides details on public health information, programs, and services. http://www.in.gov/isdh/

Office of Minority Health at the Indiana State Department of Health provides information on Minority Health in Indiana, initiatives, programs, events health disparities, and resources. http://www.in.gov/isdh/23551.htm

Indiana Public Health Association is the state organization of public health professional that provides information about events, coalitions, policy, advocacy, accreditation, and membership. http://inpha.org/about-ipha/

American Public Health Association is the national organization of public health professional that provides public health information and issues, policy, advocacy, publications, events, education, and membership. https://www.apha.org/

DATA SOURCES

STATS Indiana provides detailed information for states, regions, counties, cities, and towns including profiles, maps, and tools. http://www.stats.indiana.edu/

Indiana Behavioral Risk Factor Surveillance System is a statewide telephone survey that collects information on variety of risk behaviors, health and disease status, access and utilization of health services from adults 18 years and older. The Indiana survey is part of the national program managed by the Centers for Disease Control and Prevention. http://www.in.gov/isdh/25194.htm

Indiana Youth Risk Behavior Surveillance System (YRBS) is a paper survey conducted at selected high schools across the state. The survey collects information on variety of health risk behaviors that contribute to death, injury, and poor health among adolescents. Indiana survey is part of the national program managed by the Centers for Disease Control and Prevention. http://www.in.gov/isdh/20627.htm

United States Behavioral Risk Factor Surveillance System (BRFSS) is a national system that monitors a variety of information on risk behaviors, health and disease status, access and utilization of health services from adults 18 years and older. The national program managed by the Centers for Disease Control and Prevention. http://www.cdc.gov/brfss/index.html

United States Youth Risk Behavior Surveillance System (YRBS) is a school based survey that collects information on variety of health risk behaviors that contribute to death, injury, and poor health among adolescents. The national program managed by the Centers for Disease Control and Prevention. http://www.cdc.gov/healthyyouth/data/yrbs/index.htm

Kaiser Family Foundation State Health Facts – Minority Health section provides information on demographics, health coverage, births, deaths, health status, health disparities by gender, and HIV/AIDS by race /ethnicity. http://kff.org/state-category/minority-health/

Health Indicators Warehouse provides information on health indicators by race, ethnicity, age, sociodemographic characteristics, social determinants of health, and other health resources. http://www.healthindicators.gov/

County Health Rankings and Roadmaps provides information about county level health and the factors that influence health outcomes. The details are available for counties across the nation and are updated annually. http://www.countyhealthrankings.org/

National Institute of Mental Health: Disparities in Mental Health Services Research Program provides information on programs, research results, and factors that contribute to disparities in mental health services for racial and ethnic groups, women, children, and rural residents. http://www.nimh.nih.gov/about/organization/dsir/services-research-and-epidemiology-branch/disparities-in-mental-health-services-research-program.shtml

National Healthcare Quality & Disparities Report (NHQRDRNet) hosted by the Agency for Healthcare Research and Quality (AHRQ) is a web-based tool that provides state and national health quality, access, and healthcare data from the National Healthcare Quality and Disparities Report. http://nhqrnet.ahrq.gov/nhqrdr/jsp/nhqrdr.jsp#snhere#snhere#snhere#snhere

Health Disparities Calculator is software available from the National Institutes of Health, National Cancer Institute: Surveillance, Epidemiology, and End Results Program. The software is used to evaluate and monitor health disparities. http://seer.cancer.gov/hdcalc/

Diversitydata.org is hosted by The Heller School for Social Policy and Management at Brandeis University. The data center offers details on health, socioeconomic, environmental characteristics by race, ethnicity, gender, language, and immigration displayed in rankings, maps, and charts. http://www.diversitydata.org/

Sortable Risk Factors and Health Indicators is an interactive dataset of state, regional and national health indicators and risk factors hosted by the Centers for Disease Control and Prevention. http://sortablestats.cdc.gov/#/

Minority Population Profiles are available on the U.S. Department of Health and Human Services Office of Minority Health. The profiles highlight information on health status, access and utilization of healthcare, socioeconomic status, and demographic details. http://minorityhealth.hhs.gov/omh/browse.aspx?lvl=2&lvlid=26
Profiles are available for the following populations:
- Black/African American Health http://minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=61
- American Indian/Alaska Native Health http://minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=62
- Asian American Health http://minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=63
- Hispanic/Latino Health http://minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=64
- Native Hawaiian & Pacific Islander Health http://minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=65

United States Census Bureau site provides population information for geographic locations across the U.S.; as well as, tools, maps, infographics, publications, survey data, and research. http://www.census.gov/

REPORTS

The Indiana State Department of Health provides access to reports and statistics for the state of Indiana. http://www.in.gov/isdh/18888.htm

2014 National Healthcare Quality & Disparities Report is developed by the Agency for Healthcare Research and Quality. The results are available by race, ethnicity, and socioeconomic status. http://www.ahrq.gov/research/findings/nhqrdr/nhqdr14/index.html

2015 Annual Report of America's Health Rankings provides state and national health measures. This information is provided by the United Health Foundation. http://www.americashealthrankings.org/reports/Annual

Healthy People 2020 provides information on leading health indicators, targets, data, resources and prevention initiatives to improve health. https://www.healthypeople.gov/

HEALTH INSURANCE COVERAGE

Healthy Indiana Plan - HIP 2.0 site provides information about eligibility, enrollment, member resources, and benefits. The site is hosted by the Indiana Family Social Services Administration. http://www.in.gov/fssa/hip/index.htm

Affordable Care Act (ACA) health information is hosted by the U.S. Department of Health and Human Services. The site includes details on the ACA law, health insurance marketplace, healthcare delivery system reform, obtaining health insurance coverage and accessing care,

recent updates, and state level information. http://www.hhs.gov/healthcare/about-the-law/read-the-law/

Medicaid site provides information about eligibility, enrollment, member resources, and benefits. The site is hosted by the Indiana Family Social Services Administration. http://www.in.gov/fssa/2408.htm

Children's Health Insurance Program (CHIP) is part of Hoosier Healthwise. The site provides information about the health care program for children, low income parents, and pregnant women. Details include eligibility, enrollment, member resources, and benefits. The site is hosted by the Indiana Family Social Services Administration. http://member.indianamedicaid.com/programs--benefits/medicaid-programs/hoosier-healthwise.aspx

HEALTH TOPICS

Cancer

Cancer information available from Medline Plus https://www.nlm.nih.gov/medlineplus/cancer.html

Breast Cancer information available from National Cancer Institute http://www.cancer.gov/types/breast

Cervical Cancer information available from National Cancer Institute http://www.cancer.gov/types/cervical

Colorectal Cancer information available from National Cancer Institute http://www.cancer.gov/types/colorectal

Prostate Cancer information available from National Cancer Institute http://www.cancer.gov/types/prostate

Human Papillomavirus information available from the Centers for Disease Control and Prevention http://www.cdc.gov/std/hpv/default.htm

HPV Vaccine https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/cancer/get-your-child-the-hpv-vaccine

Cancer Survivorship information available from the Centers for Disease Control and Prevention http://www.cdc.gov/cancer/survivorship/

Diabetes

Diabetes information available from Medline Plus https://www.nlm.nih.gov/medlineplus/diabetes.html

Prediabetes information available from Medline Plus https://www.nlm.nih.gov/medlineplus/prediabetes.html

Diabetes self-management http://www.diabetesselfmanagement.com/

Mental Health

Mental Health information available from Medline Plus https://www.nlm.nih.gov/medlineplus/mentalhealth.html

Anxiety information available from Medline Plus https://www.nlm.nih.gov/medlineplus/anxiety.html

Depression information available from Medline Plus https://www.nlm.nih.gov/medlineplus/depression.html

Suicide information available from Medline Plus https://www.nlm.nih.gov/medlineplus/suicide.html

Infant Mortality
Infant Mortality information available from the Centers for Disease Control and Prevention http://www.cdc.gov/reproductivehealth/MaternalInfantHealth/InfantMortality.htm

Breastfeeding information available from the Centers for Disease Control and Prevention http://www.cdc.gov/breastfeeding/

Planning for Pregnancy information available from the Centers for Disease Control and Prevention http://www.cdc.gov/preconception/planning.html

Preterm Birth information available from the Centers for Disease Control and Prevention http://www.cdc.gov/reproductivehealth/MaternalInfantHealth/PretermBirth.htm

Birthweight information available from Medline Plus https://www.nlm.nih.gov/medlineplus/birthweight.html

Sudden Infant Death Syndrome information available from the Centers for Disease Control and Prevention http://www.cdc.gov/SIDS/index.htm

Pregnancy complications information available from the Centers for Disease Control and Prevention http://www.cdc.gov/reproductivehealth/MaternalInfantHealth/PregComplications.htm

Postpartum Depression information available from Medline Plus https://www.nlm.nih.gov/medlineplus/postpartumdepression.html

Heart disease
Heart disease information available from the Centers for Disease Control and Prevention http://www.cdc.gov/heartdisease/about.htm

Heart Health information available from HealthFinder.gov http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/heart-health/keep-your-heart-healthy

Heart attack available from Medline Plus https://www.nlm.nih.gov/medlineplus/heartattack.html

Heart attack first aid information available from Medline Plus https://www.nlm.nih.gov/medlineplus/ency/article/000063.htm

High Blood pressure information available from the Centers for Disease Control and Prevention http://www.cdc.gov/DHDSP/data_statistics/fact_sheets/fs_bloodpressure.htm

Stroke information from the Centers for Disease Control and Prevention http://www.cdc.gov/Stroke/index.htm

Emergency treatment for Stroke information from the Centers for Disease Control and Prevention http://www.cdc.gov/stroke/treatments.htm

Obesity
Obesity information available from Medline Plus https://www.nlm.nih.gov/medlineplus/obesity.html

Oral Health
Dental Health information available from Medline Plus https://www.nlm.nih.gov/medlineplus/dentalhealth.html

Tobacco
Secondhand Smoke information available from Medline Plus https://www.nlm.nih.gov/medlineplus/secondhandsmoke.html

Smoking and Tobacco Use information available from the Centers for Disease Control and Prevention http://www.cdc.gov/tobacco/data_statistics/fact_sheets/fast_facts/index.htm

Quit Smoking information available from the Centers for Disease Control and Prevention http://www.cdc.gov/tobacco/data_statistics/fact_sheets/cessation/quitting/index.htm

HEALTH SCREENING
Get tested for breast cancer https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/cancer/get-tested-for-breast-cancer

Get tested for cervical cancer https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/cancer/get-tested-for-cervical-cancer

Get tested for colorectal cancer https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/cancer/get-tested-for-colorectal-cancer

Prostate cancer screening: Questions for the doctor https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/cancer/prostate-cancer-screening-questions-for-the-doctor

HEALTH TIPS
Take Steps to Prevent Type 2 Diabetes https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes

Get Your Blood Pressure Checked https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/get-your-blood-pressure-checked

Reduce Your Risk of Stroke https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/heart-health/reduce-your-risk-of-stroke

Heart Healthy Foods https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/heart-health/heart-healthy-foods-shopping-list

Low Sodium Foods https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/heart-health/low-sodium-foods-shopping-list

Watch Your Weight https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/obesity/watch-your-weight

Eat Healthy https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/obesity/eat-healthy

Get Active https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/obesity/get-active

HEALTH TOOLS

Body Mass Index Calculator for Adults (English)
http://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html

Body Mass Index Percentile Calculator for Child and Teen (English) https://nccd.cdc.gov/dnpabmi/Calculator.aspx

Calculadora del IMC para adultos: Sistema inglés (Spanish) http://www.cdc.gov/healthyweight/spanish/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html

Calculadora del percentil del IMC en niños y adolescentes (Spanish)
Versión en sistema inglés https://nccd.cdc.gov/dnpabmi/ui/es/Calculator.aspx

TOOLKITS

Health Research and Educational Trust (HRET) Disparities toolkit was designed to provide information and resources to health systems, healthcare providers, and health plans for the efficient collection and documentation of race, ethnicity, and primary language from people receiving health services. http://www.hretdisparities.org/

Community Tool Box provides access to a variety of toolkits for work in the community, building skills, and taking action; in addition to capacity building, evaluation, and training services. http://ctb.ku.edu/en

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

Office of Minority Health website includes publications, resources, and services focused on minority health issues. http://www.minorityhealth.hhs.gov/

Centers for Disease Control and Prevention website has information on health news, disease conditions, violence, health promotion campaigns, grants, data and statistics, research, and training programs. http://www.cdc.gov/

Healthfinder.gov website has information on a variety of health topics including health conditions and diseases; nutrition and physical activity; pregnancy; doctor visits; everyday healthy living; and parenting. https://healthfinder.gov/Default.aspx

Health News

National Health Observances provides information to promote awareness of important health topics. The observances are listed along with sponsoring organizations and links on the Healthfinder.gov website. https://healthfinder.gov/NHO/nhoyear.aspx?year=2016

June 2016
Men's Health Month is hosted by the Men's Health Month organization http://www.menshealthmonth.org/

National Safety Month is hosted by the National Safety Council http://www.nsc.org/act/events/Pages/national-safety-month.aspx

June 5 is National Cancer Survivors Day is hosted by the National Cancer Survivors Day Foundation http://www.ncsd.org/

June 19 is World Sickle Cell Day is hosted by the African American Blood Drive and Bone Marrow Registry for Sickle Cell Disease Awareness http://www.worldsicklecellday.webs.com/

May 2016

Hepatitis Awareness Month is hosted by the Division of Viral Hepatitis at the Centers for Disease Control and Prevention http://www.cdc.gov/hepatitis/

Healthy Vision Month is hosted by the National Eye Institute https://nei.nih.gov/hvm/

Mental Health Month is hosted by the Mental Health of America http://www.mentalhealthamerica.net/may

National Stroke Awareness Month is hosted by the Centers for Disease Control and Prevention http://www.cdc.gov/stroke/stroke_awareness_month.htm

National Teen Pregnancy Prevention Month is hosted by the Office of Adolescent Health http://www.hhs.gov/ash/oah/news/national-teen-pregnancy-prevention-month.html

Women's Health Month is hosted by the American Sexual Health Association http://www.ashasexualhealth.org/womens-health-month/

National Asian American and Pacific Islander Heritage Month is hosted by the Office of Minority Health http://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=14

April 2016

National Minority Health Month is hosted by the Office of Minority Health http://www.minorityhealth.hhs.gov/nmhm16/

National Child Abuse Prevention Month is hosted by the US Department of Health & Human Services https://www.childwelfare.gov/topics/preventing/preventionmonth/

Oral Cancer Awareness Month is hosted by The Oral Cancer Foundation http://www.oralcancer.org/

Sexually Transmitted Infections (STI) Awareness Month is hosted by the American Sexual Health
Association http://www.ashasexualhealth.org/sexually-transmitted-infections-awareness-month/